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AIDS quilt a symbol of disease's toll

Panels bring closure to mourning families

By Curtis Tate
McClatchy Newspapers

WASHINGTON — It's won an Oscar and was nominated for a Nobel Peace Prize. At 1.3 million square feet, it would take up nearly half the office space in the new One World Trade Center tower in lower Manhattan. It received a "Save America's Treasures" federal grant to preserve it for future generations.

When the AIDS Memorial Quilt was first displayed on the National Mall in October 1987, it included 1,920 panels.

Each of its 3-foot-by-6-foot panels, about the size of a human grave, tells the story of a person's life with the smallest biographical details. Favorite pieces of clothing. Stuffed animals. Poems. Paintings. Photographs.

But sewn together, the quilt's 48,000 panels convey the enormity of an epidemic that has killed hundreds of thousands of Americans over three decades, and millions more worldwide.

Julie Rhoad, the executive director of the NAMES Project Foundation, an Atlanta-based nonprofit organization that



Curtis Tate / MCT

Nearly complete block of panels in memory of Samara Jones, who died of complications at age 32.

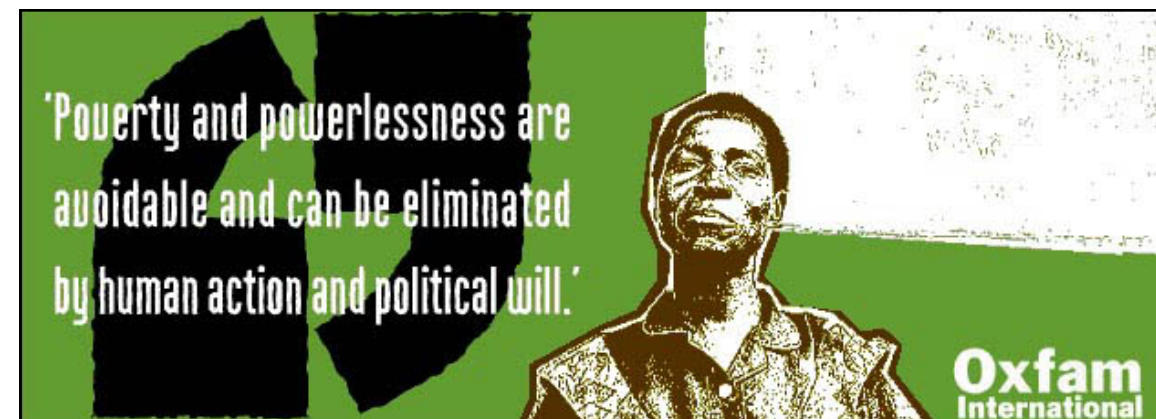
serves as the quilt's custodian, calls it "the original piece of social media."

By literally stitching together the stories of people who died of AIDS, it brought together families and friends to bond over their shared grief and to create a lasting memorial.

"In fabric and thread, we connected

people and built community," Rhoad said in an interview in the cavernous Washington National Cathedral, one of 50 locations around the nation's capital where the public can view the quilt. "Hopefully, it will inspire the next generation of this movement to end AIDS."

— See "Quilt" on Page 2



Dinner fights hunger

Awareness effort puts guests in position of poor

By Amber Hastings
ahastings@valenciavoice.com

WEST CAMPUS — The Human Empathy Rights Organization (HERO) will be hosting an Oxfam America Hunger Banquet on Nov. 29.

The walk-in event will separate guests by class based on tickets that are given at random at the door. Those with upper class tickets will be given a three-course meal complete with servers. Middle class ticket holders receive a meal of rice and beans with water and low class ticket holders will eat a meal of rice and water while sitting on the floor.

"We're doing this to bring awareness to how the world is so divided ec-

onomically," said event organizer and H.E.R.O. president Paola Burgos.

Throughout the night, lower class guests will rotate to the higher-class tables and those at higher-class tables will rotate to the floor. The movement mirrors economic divide that is based on global figures. Each ticket has an identity story that the guest will follow throughout the event.

"This is to show people that this is more than local," said Burgos.

The hunger banquet, which was developed by Oxfam America, will also feature a discussions and speakers. The organization is one of 17 branches of an international relief effort.

The event will be held in the HSB room 105 from 6:00 p.m. to 8:00 p.m.

Quilt

— Continued from Page 1

Much has changed in 25 years. When the quilt project began, few Americans understood that HIV, the virus that causes AIDS, was transmitted not through casual contact, but through unprotected sex, transfusions of HIV-tainted blood or injection with HIV-contaminated needles, or from an infected mother to her baby. And many mistakenly thought AIDS was a disease that affected only gay men and drug users.

Now, the treatments allow people to live for years with HIV at undetectable levels in their systems. The FDA has approved a drug that has been shown to prevent HIV transmission. And researchers and activists are hopeful that a vaccine is not far away.

But as the AIDS Memorial Quilt

demonstrates, it's taken an enormous toll. More than 600,000 Americans have died of AIDS, according to the national Centers for Disease Control and Prevention, as many people as there are residents of the nation's capital. More than 1 million Americans live with HIV. And while better treatments have made the disease more manageable, it killed more than 17,000 Americans in 2009, the most recent figure available.

Rhod said the quilt helps remind people that AIDS has not yet been overcome.

"It says these people went on and made the ultimate sacrifice along this journey of trying to end AIDS," she said.

One of them was Samara Jones. Jones contracted the virus at age 15, and then devoted her life to educating others about HIV prevention as a volunteer for AID Atlanta. She died in January 2008 at age 32.

"I've made peace with the fact

that it was her time to leave here," said her mother, Sheila Jones, speaking by phone from Atlanta. "She was taking medicine. She loved life. She took the medicine because she wanted to live."

Jones, who also has a 25-year-old daughter and an 18-year-old son, has spent nearly a year creating an entire 12-foot-square block of panels in memory of her daughter. Her mother and nieces have contributed to the project.

"A lot of emotions are put into it. A lot of healing goes into making it," she said. "I feel a sense of closeness to her all over again."


While working on the quilt has been an important part of her healing process, Jones said she understands why some people who make panels in memory of their loved ones find it hard to give them up.

"It's not something another mother should have to go through," she said.



The AIDS Quilt at 25


The idea for the NAMES Project Memorial Quilt came about in the early days of the AIDS pandemic as a way to celebrate and memorialize the lives lost to the disease. How the quilt has grown:




Portion of quilt on display in 2004

Quilt stats in 2012

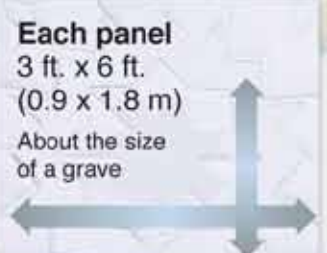
Quilt represents
8% of the 617,000 U.S. AIDS deaths




Number of panels
More than 48,000 with 94,000 names




Each panel
3 ft. x 6 ft. (0.9 x 1.8 m)
About the size of a grave




Quilt size
1.3 million sq. ft. (120,774 sq. m)




Weight
54 tons




Quilt seen by
More than 15 million people



Panel makers
More than 100,000 family and friends



International quilt affiliates
43



Key dates

1985 Gay rights activist Cleve Jones tapes the names of friends who had died of AIDS on San Francisco Federal Building; the wall of names looks like a quilt

June 1987 Group gathers in San Francisco to document those lost to AIDS; the NAMES Project Memorial Quilt is founded

Oct. 1987 Quilt with 1,920 panels displayed on National Mall in Washington, D.C., during gay/lesbian rights march; 500,000 visit quilt

Spring 1988 Quilt national tour visits 20 cities; raises \$500,000 for AIDS service groups; panel-making workshops held

Oct. 1988 Quilt with 8,288 panels displayed on Ellipse in front of White House; names on quilt read aloud

1989 North American tour brings quilt to 19 cities in U.S., Canada; displayed in Washington for a third time

Oct. 1992 Quilt display around Washington Monument has panels from all 50 states, 28 countries

1993 President Clinton's inaugural parade includes quilt panels

1996 In Washington, D.C., full quilt is shown for last time; it has 37,440 panels; 1.2 million people visit

2012 19th International AIDS Conference held in Washington, D.C.; quilt displays in 50 locations around city

Graphic: Judy Treibla
Source: The NAMES Project Foundation, MCT Photo Service

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HIV testing for all

Annual check-ups provide prompt diagnosis of disease

Early treatment for HIV is more successful than later treatment. But that’s not the only reason to praise the recommendation of the U.S. Preventive Services Task Force that doctors should test almost everyone ages 15 to 64 for the virus that causes AIDS.

The U.S. Centers for Disease Control and Prevention reports that 1.2 million people in the United States are infected with HIV but that close to 1 in 5 don’t know it. Even before there was any effective treatment for HIV, large-scale testing as a preventive measure could have kept

a tremendous amount of suffering and death at bay. It should have begun years ago. Decades ago.

Fear and prudishness got in the way. During the early years of AIDS, there was widespread ignorance about how easily the infection might be transmitted. A backlash against the groups most commonly associated with the disease, gay males, intravenous drug users and people with multiple sex partners, included attempts to discriminate against them, so that even gay rights groups sometimes fought against testing programs. Ryan

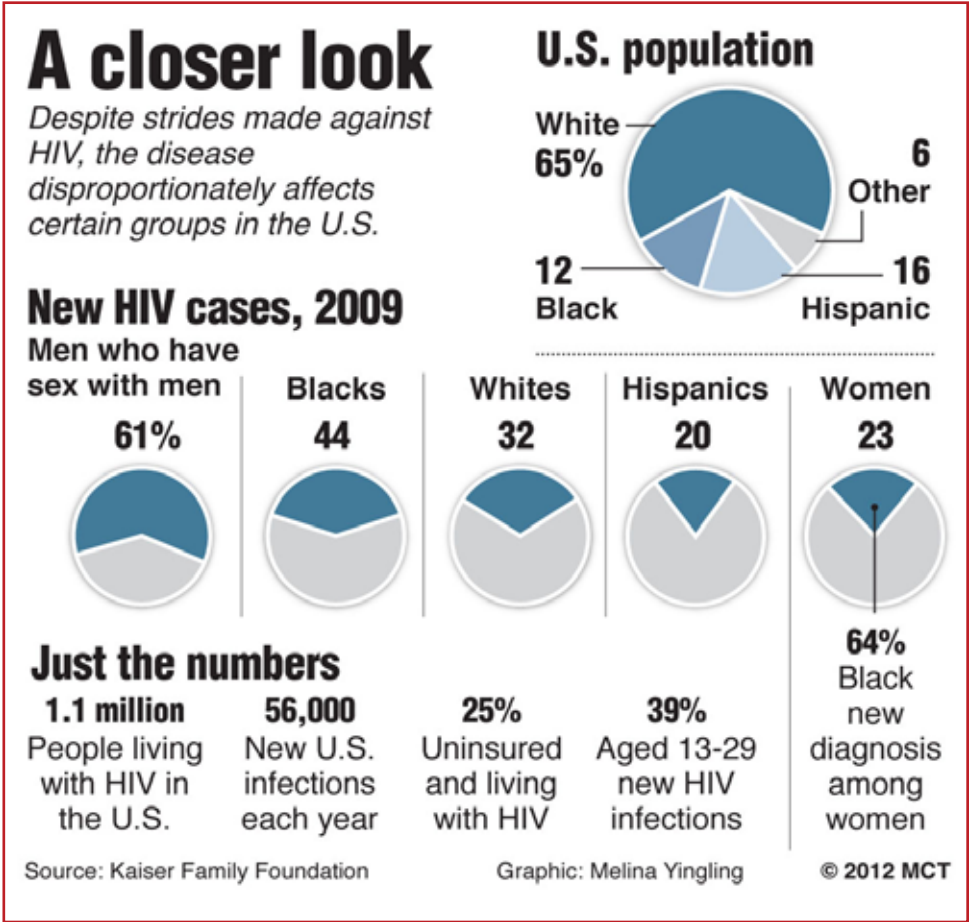
White, a middle school student who was infected through a blood transfusion, had to fight in court for the right to attend school. Blood banks put off routine testing, concerned about possible blood shortages. In 1989, the topic of whether to offer screening to all pregnant women was highly controversial. Some pediatric AIDS specialists pointed out that with early information, they might be able to avoid transmission of the virus to the fetus. Others contended that there was too much risk of social isolation for women who tested positive.

Most of us know better now. And no one would be required to undergo the simple test. But if the task force’s draft guidelines are adopted after the four-week comment period, most health insurance will cover the cost and most doctors will offer it to all their patients instead of hanging back lest they offend someone. Even people who don’t engage in high-risk behaviors can be at risk. And if routine testing discovers an infection, not only can patients be treated earlier, but they can protect the health of others around them. The cost of the tests would

most likely amount to a fraction of the cost of treating people whose infections might otherwise have been prevented.

The epidemic of AIDS has not been stamped out; what has changed is that it’s no longer the diagnosis of near-certain doom that it was in the earliest years. Had society treated this simply as a public health issue from the start, had doctors tested more routinely early on, some of the disease’s terrible spread could have been avoided. At least we can start now.

— MCT Campus



Healthy Living

A healthy herb

The flavorful leaves and seeds of cilantro, also known as coriander, are used by cooks around the world and have many health benefits.

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- **Contains the chemical** compound dodecenal, effective in killing the salmonella bacteria
- **Many Europeans** call it an “anti-diabetic”; studies show that it stimulates insulin secretion, lowers blood sugar in diabetic mice
- **Long used in Indian** medicine to treat inflammatory conditions, such as arthritis
- **U.S. researchers** are studying its use as a cholesterol-lowering agent

Source: World's Healthiest Foods,
Natural News.com,
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Helen Mirren shows real genius behind Hitchcock

Wife of infamous horror filmmaker earns credit

By Roger Moore
McClatchy-Tribune News Service

It's been 30 years since Alfred Hitchcock died, and more than 50 years since his most famous film "Psycho." So while



Courtesy of The Weinstein Company
Helen Mirren in 'Hitchcock' as Alma Hitchcock.

his name, reputation and image remain in the public consciousness, generations have grown up not knowing much more than that about him.

And if casual film fans don't know Sir Alfred well, they certainly know even less about his wife, Alma Reville. His one-time boss, his editor, confidante and sounding board, Alma steps into the spotlight in the glamorous form of Dame Helen Mirren in "Hitchcock," the new film about Hitch (Sir Anthony Hopkins) and the making of "Psycho."

"She's not been forgotten by those who study Hitchcock intently," Mirren says. "But the general public never knew of her role in his work, his career. They didn't even know her enough to make her the 'forgotten heroine' of his career."

Stephen Rebello, in his book, "Alfred Hitchcock and the Making of 'Psycho,'"

calls her "the exacting Mrs. Hitchcock," the first person Alfred had to impress and please with any film idea, the sharp-eyed editor who spied Janet Leigh taking a "gulp" when she was supposed to be dead in the shower scene in "Psycho."

Screenwriter John J. McLaughlin ("Black Swan"), who used Rebello's book as the basis for the "Hitchcock" script says "It's very common in this business to, if you have a spouse, you run your work or work you plan to do by them. You let them read the script before it goes out, you ask them questions as you're editing. You want their feedback."

Mirren, 67 and married to a famous filmmaker (Taylor Hackford) herself, knew "nothing of Alma's importance to his creative process."

McLaughlin can't recall ever "seeing this sort of creative relationship before" on the screen. But Mirren can.

A muse, Mirren says, "is person outside



Courtesy of Suzanne Tenner/MCT
Anthony Hopkins portrays Alfred Hitchcock.

who inspires you. But Alma was this hands-on partner in the work, an editor. Having done two films with women as the editors behind great men, I think that women, plainly, make very good editors, film editors and book editors. And since the success of a book or a film often comes down to judicial editing, that's another endorsement."

November 30 "Killing Them Softly"



Rated: R
Running Time: 1 hrs. 40 min.
Genre: Crime / Thriller
Director: Andrew Dominik
Starring: Brad Pitt, Ray Liotta, Richard Jenkins and James Gandolfini.

"The Collection"



Rated: R
Running Time: 1 hrs. 22 mins.
Genre: Horror / Thriller
Director: Marcus Dunstan
Starring: Josh Stewart, Emma Fitzpatrick and Christopher McDonald.

Box Office



"Breaking Dawn: Part 2"

Rated:
PG-13

This Weekend:
\$ 43,641,448

Total Gross:
\$ 227,366,118



"Skyfall"

Rated:
PG-13

This Weekend:
\$ 35,502,973

Total Gross:
\$ 221,144,122



"Lincoln"

Rated:
PG-13

This Weekend:
\$ 25,676,413

Total Gross:
\$ 62,840,796

Orlando Magic fall to Boston Celtics in overtime

Despite late run,
Orlando fails to execute

By Lawrence Laguna
llaguna@valenciavoice.com

ORLANDO — Kevin Garnett had a double-double with 24 points and 10 rebounds as the Boston Celtics defeated the Orlando Magic in overtime 116-110, Sunday night at the Amway Center.

Garnett lead the Celtics (8-6) down the stretch in overtime executing play after play.

“The execution was terrific,” said

Celtics head coach Doc Rivers.

“We came out and got the dunk for Kevin and got the great shot for him as well. I thought our execution won the game for us and it should honestly. We’re a veteran team, and some of us have been together. We made good plays.”

After trailing in the first half to Boston’s 58 points, the Magic (5-8) out scored the Celtics 34-22 in the third quarter to gain the lead and snatch the momentum.

The comeback lead to a competitive fourth quarter to then lead into the Magic’s first overtime game of the season but will eventually end in a loss at the end of the game.

“We got J.J. on a good look that we drew up. We got some good looks down the stretch,” said Magic head coach Jacque Vaughn. “If there was one thing that I wanted maybe to be better was a little bit of a screening at the end, but overall pretty encouraged and happy about our guys effort.”

Held down in overtime to only eight points compared to Boston’s 14, the Magic ran out of their late-game spark and were cut from their two game winning streak.

“We played hard, you give yourself a chance and you fight through the mistakes,” said Magic point guard Jameer Nelson which had 20 points. “Thing

like turnovers an those mental lapse we had we still continue to at hard and together. We still give ourselves a chance like tonight.”

Rajon Rondo recorded his 37th consecutive game with 10 or more assists having a total of 16 assists tonight while adding 15 points to the victory over Orlando.

For Orlando, J.J. Redick added 21 points having made three shots from the three point line making it two consecutive games scoring double digits for Orlando.

Orlando will remain at home for their next game against the San Antonio Spurs on Wednesdays Nov. 26. where they look to rebound from Sundays overtime loss.



Courtesy of Orlando Magic

Glen Davis had 15 points, 7 rebounds against his former team on Sunday at the Amway Center.

No. 17 Gonzaga wins Old Spice Classic

By Robert Van Deering
rvandeering@valenciavoice.com

LAKE BUENA VISTA — Elias Harris had 24 points, 10 rebounds, 2 blocks, 2 steals and one assist to lead the way for No. 17 Gonzaga, beating Davidson 81-67 Sunday night in the Old Spice Classic championship game.

“We knew it was going to be tough,” Gonzaga head coach Mark Few told reporters after the game. “That’s just an unbelievably skilled team that is tough as nails. That fights you on every possession. We had to respond several different times to finally get it going in our direction. I think that bodes well for us down the road here.”

“My teammates got me open and I just let it fly,” Pangos said. Kevin Pangos shot the ball well in the second half, making 4 of his 5 three pointers in the second half to help Gonzaga pull away from Davidson. His teammates found him sometimes off the inbounds or wide open and he drilled the shots necessary to win.

“It was a really good week for us,” said Few. “We got tested in a variety of ways. Both with how the games flowed, but also with the different schemes and matchups that we faced.”

“Credit teammates, finding Kevin and telling them to keep shooting,” Few told reporters after the game. “When it’s going bad chalk it up as a bad day for me, even if Kevin takes 10 shots and misses them they will still tell him to shoot the 11th one and also credit Kevin for continuing to shoot.”

“Congratulations to Gonzaga they’ve got some terrific offensive firepower,” said Davidson head coach Bob McKillop, talking about how good Gonzaga is as an all-round basketball team and their depth as a team. “They beat you at every spot. I thought they defend very well, too.”

“They completely got us out of sink in the first half, I thought we rided the ship a little bit in the second half and closed the gap,” added McKillop. “When you got 4 of front line players in foul trouble,you got a mix of 4 guards, your depth is going to be challenged.”

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Courtesy of the Orlando Solar Bears

On the road again

By Marianella Zapata Noriega
mzapatanoriega@valenciavoice.com

It was a bitter goodbye for the Orlando Solar Bears on Tuesday, Nov. 20, as they lost their last home game before leaving for a five game road trip.

"We got to stay positive," said coach Drake Berehowsky. "Everybody has to learn to be a more consistent player."

The team will start the road trip with two games against the Gwinnett Gladiators, who are going back home with a 2-1 win against the South Carolina Stingrays last Sunday, Nov. 18.

The Solar Bears will partake in the Gladiators' 10th Annual Thanksgiving Game Night & Food Drive Night on Thursday, Nov. 22. The event will give spectators the chance to buy discounted tickets with the donation of a non-perishable food item.

The road trip will also include a game against the Ontario Reign on Wednesday, Nov. 28, and two games against the Las Vegas Wranglers on Friday, Nov. 30, and Saturday, Dec. 1.

UCF heading to C-USA Championship game

Knights defeat UAB, end regular season 9-3

By Juan Gallardo
jgallardo@valenciavoice.com

ORLANDO — UCF's seniors made sure they sent themselves off the right way on senior day with a 49-24 win over the University of Alabama-Birmingham Saturday afternoon at Bright House Networks Stadium.

Senior receiver Quincy McDuffie led the effort with three rushing touchdowns.

"I'm proud of all of my classes, but when you have a senior class like this that has won the most of any senior class in the history of a school that says a lot about the class," said UCF head coach George O'Leary.

UCF started the game, wasting no time with a five-play 62 yard drive that culminated in a 14 yard touchdown pass from sophomore quarterback Blake Bortles to fellow sophomore receiver J.J. Warton to cap the opening drive.

On the next drive, UAB sped the ball downfield on big plays by receiver Jackie Williams and running back Bashir Coles only to fumble the ball away into the end zone where senior Knights cornerback AJ Bouye recovered to thwart the effort to tie the score.

With the ball back, the UCF offense



Robert Van Deering / Valencia Voice

RB Murray helped lead the way for the UCF Knights, adding a 3-yard touchdown to the score board.

picked up where it left off on the previous drive, moving the ball at will on a seven-play 80 yard drive that ended with senior running back Latavius Murray scampering in for a 3 yard touchdown run.

The Blazers were finally able to get on the board midway through the second quarter when sophomore kicker Ty Long booted a 25 yard chip shot through the uprights to make the score 14-3. The touchdown was set up by a 31 yard pass from quarterback Austin Brown to receiver Patrick Hearn.

UCF was able to get a touchdown late in the first half when Worton returned a punt to the UAB 9 yard line to set up a 9 yard rushing touchdown by McDuffie.

With UAB in scoring position after driving the length of the field to the Knights' 14 yard line, Brown dropped

back to pass only to throw an interception directly to senior Lyle Dankenbring, who returned it 61 yards for a touchdown.

"Austin just threw the ball to the other guy. He handed the ball to one of their guys which is a really bad football play," said UAB head coach Garrick McGee.

The Blazers, who decided a change of quarterback was needed, responded with their first touchdown of the game 3 plays into the drive on a 76 yard pass from junior Jonathan Perry to Hearn to make the score 28-10.

The Knights were able to get a quick touchdown in before the end of the quarter on a 5 play 56 yard drive, ending in Worton's second touchdown reception of the game to make the score 35-10 going into the halftime.

The UCF offense continued to pour it

on the Blazers' defense, scoring on their first possession of the half with McDuffie once again scoring on a 8 yard rush out of the wild Knight formation.

"I was surprised. I was expecting them to shift to that side of the field but we kept making things happen with that play," said McDuffie on the sweep out of the wild Knight formation, on which he scored all three of his touchdowns.

Late in the third quarter, UAB was finally able to capitalize on its big plays after moving the ball to UCF's 2 yard line. Perry was able to scramble into the end-zone to give the Blazers another touchdown.

The Blazers added another touchdown in the fourth quarter on a 15 yard screen pass from Perry to sophomore Darrin Reaves.

UCF faces off with Tulsa next week in the Conference-USA championship, which is a rematch of a game the Knights lost earlier this year against their conference foe.

"Winning the division isn't enough for us because we have put a lot of effort into this season and we expect to win a championship," said senior safety Kemal Ishmael.

"When you have a senior class like this that has won the most of any senior class in the history of a school, that says a lot about the class."

— Coach O'Leary

Seniors honored on Saturday

Veterans add contribution, play last regular season game

By Danny Morales
dmorales@valenciavoice.com

Quincy McDuffie tied the school record for kick returns and scored two rushing touchdowns on Senior Day, Saturday Nov. 24, in UCF's 42-24 win over the University of Alabama-Birmingham Blazers.

The Knights honored 20 seniors before the kick-off of Saturday's game, many of whom contributed heavily towards the win. With the win UCF's 2012 senior class tied for the winningest class in school history, gathering 33 wins.

Jonathan Davis started his Senior Day off by forcing a fumble in the red zone during UAB's first offensive possession. Senior cornerback A.J. Bouye recovered the ball in the endzone for a touchback, keeping the Blazers off the scoreboard and giving the Knights the ball at the 20 yard line with a 7-0 lead. Davis finished the game with eight tackles on top of his forced fumble.

"We always practice turnovers in the red zone," said UCF linebacker Jonathan Davis. "It just comes out in game time naturally."

Running back Latavius Murray was another Knight who had a good game on Senior Day, Murray rushed for 94 yards during the game and scored his 13th rushing touchdown late in the first quarter to extend UCF's lead to 14-0.

In the second quarter, Lyle Dankenbring came up with a 78 yard interception return for a touchdown on a UAB screen attempt, to extend UCF's lead to 28-3 with two and a half minutes remaining in the first half. Dankenbring finished the game



Courtesy of UCF Athletics

Lyle Dankenbring (left) Cam Henderson (middle) and Jonathan Davis were among several other seniors honored.

with six tackles and an interception.

"That one really hurt, because that was the back breaker," said UCF head coach George O'Leary on the interception. "They have it down there within field goal range, and you pick that and take it the distance the other way. Great play by him, great play by the defense on that play."

Quincy McDuffie recorded his second career rushing touchdown earlier in the quarter. McDuffie would add two more rushing touchdowns, one coming midway through the third quarter, and the other coming with four minutes left in the game. The three rushing scores give McDuffie five offensive touchdowns for the season. He would finish the game with 79 yards rushing on six attempts.

"It's a great feeling, knowing that it was Senior Day," said McDuffie. "We deserved to take advantage of that, and go out with a win and clinch the division."

Senior safety Kemal Ishmael recorded 10 tackles throughout the game, including a sack on the final defensive snap of the season at home.



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